

Welcome Arms January 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			2 11am Owen Bell Walk Target Shopping	3 11am YMCA
6 11am YMCA	7 10:30am Breakfast @ Day Breaks MAB Mtg @DAC 2p-3p	8 12:30pm Lunch/Guest Speaker Healthy Relationships	9 11:30am Game Day at Ella Grasso	10 11am YMCA
13 11am YMCA	14 10:30-11:30 Book Club @ Killingly Library-Freaky Friday	15 11am Chair Yoga @ The Mills 1:30pm Adult Coloring @ Killingly library	16 11am Craft Group @ DAC	17 11am YMCA
	21 1:00pm Movie @ Killingly Library-Freaky Friday	22 11:30am Lunch & Bowling @ Webster	23 11:30am Health Group/ Journaling Activity	24 11am YMCA
27 11am YMCA	28 11am Movies @ Lisbon	29 12:00pm Music Activity	30 11:00AM SURPRISE ACTIVITY!	31 11am YMCA