

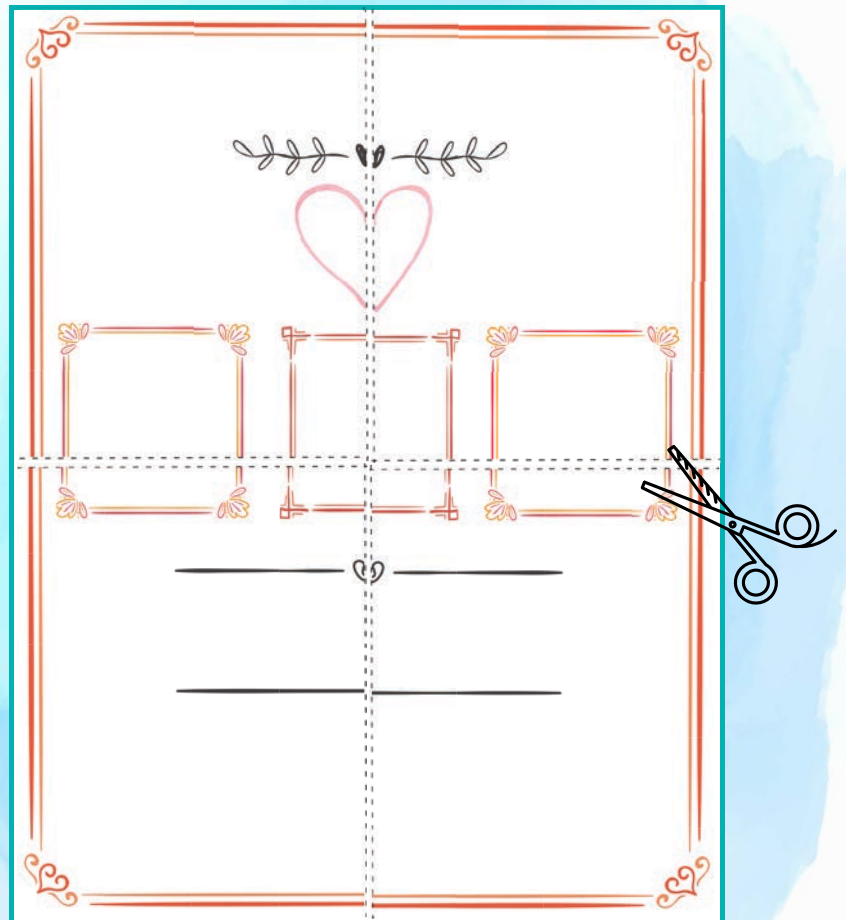
A Family Manifesto Poster

Create a powerful family manifesto for your family! Engage your kids to make it a fun bonding activity for the whole family and display for all to see.

1 Print out the 4 pieces of the poster. Cut along the dotted lines (cut on the *inside* line so the black dotted line does not show).

2 Line up the edges and tape the front and/or back of the poster.

3 Write, draw, and color to create your manifesto. Make it a family project!
See Page 2 for suggested phrases and statements.



Family Manifesto Phrases

Use the suggested phrases below or create your own!

Phrase ideas

In our house, we...

- love, support, respect each other
- encourage and help each other
- have a growth mindset
- love to learn
- grow our brains
- ask questions
- make mistakes
- fail forward
- ask for help
- are thankful and grateful
- are brave and honest
- start each day with a smile
- hug often
- embrace challenges
- keep going when it gets tough
- smile through the struggle
- practice practice practice
- try new things
- read, play, rest
- do our BEST

We believe in...

- finding the good in every day
- working hard
- being humble
- laughing more worrying less
- learning by doing
- thinking outside the box

Motivational phrases

- Dream, create, inspire
- Create your own happiness
- Be the best version of YOU
- Find joy in the process
- Be proud of YOU
- Do more of what makes you happy
- Love with all your heart
- Make time for each other
- Make things that make you proud
- Discover your passion
- It always seems impossible until it's done
- Some things take time

Build Your Own

- We CAN _____
- When we make a mistake, we _____
- We LEARN _____
- Together we _____
- In difficult times, we _____
- We find JOY in _____
- Mistakes are there to _____
- We follow our _____
- We practice _____
- We do _____
- We start each day _____
- We are _____
- Remember _____
- Do more of _____
- Work hard and _____
- Be your own _____

IN THIS HOUSE, WE



respect

each other



support

each other



dream big

are

GRATEFUL

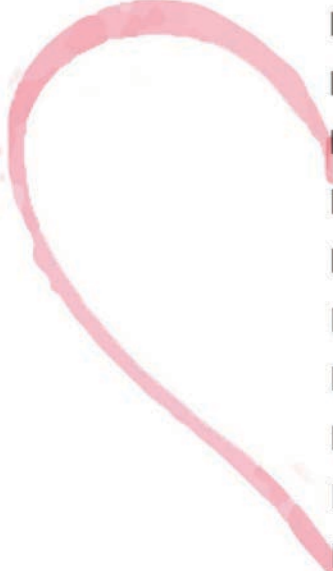
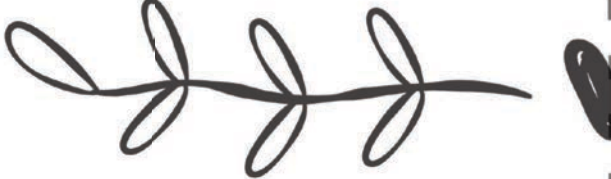
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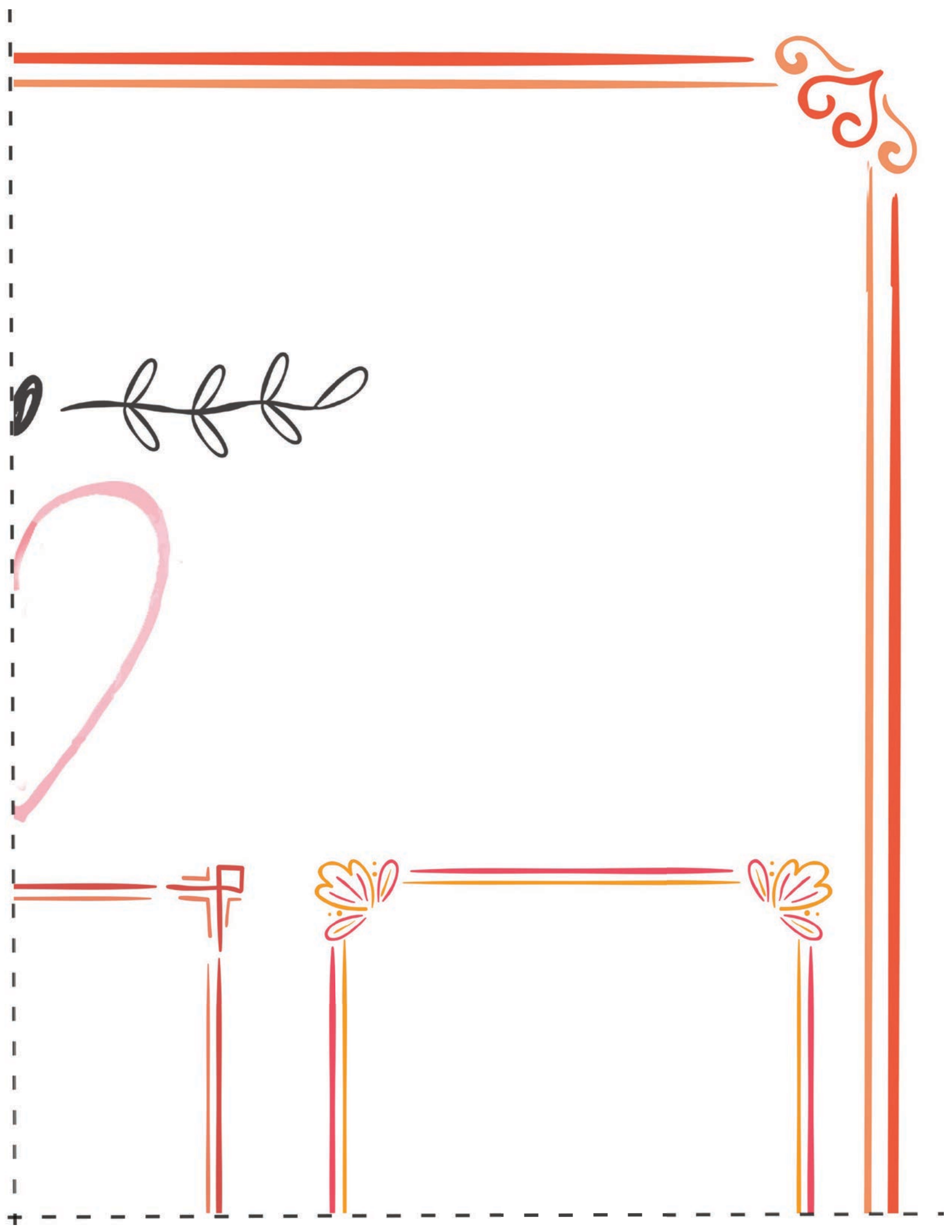
SILLY

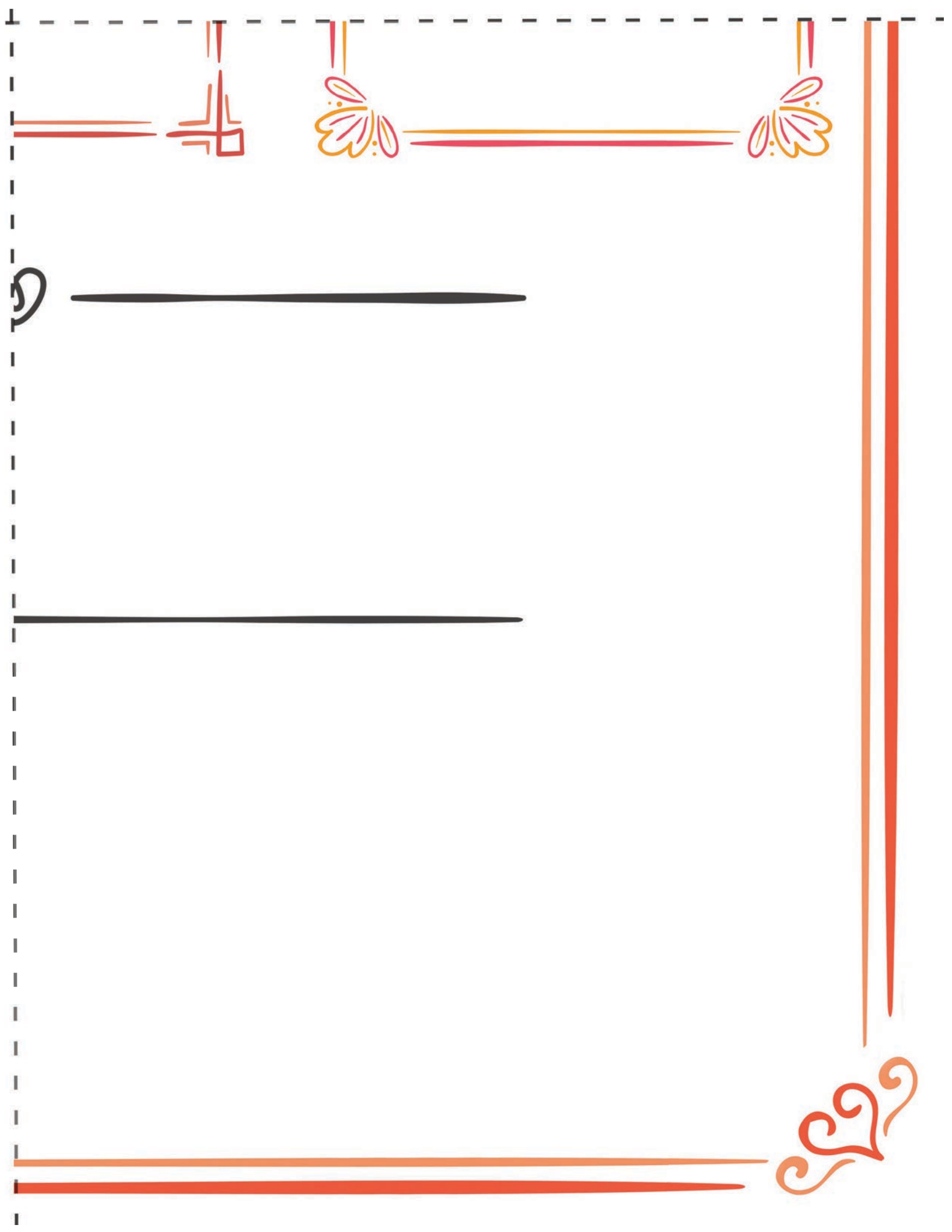
READ EVERY DAY

WORK HARD

PLAY HARD









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SIMPLE STEPS TO *create a meaningful* FAMILY MANIFESTO

BRAINSTORM TOGETHER

The manifesto will be more meaningful if you can get your whole family involved in the process of creating it. Hold a family meeting and to discuss the following questions. Write everyone's answers down.

- What is important to our family?
- What does our family believe in?
- What are some of our favorite family activities?
- How do we want to treat each other and others?
- How do we celebrate in our family?



DISCUSS

After everyone has come up with their own ideas, narrow them down to your favorite 10-20 as a family. Since the manifesto is something you created together, it will hold much more meaning, and you'll have more buy-in from your family.

- Have each family member read their ideas and discuss which ones you like/dislike.
- Post each family member's ideas, then have everyone put a tally mark next to their favorites.



BRING IT TO LIFE

If your family is creative and artsy, you can design your own poster. Alternatively, you can...

- print it from a computer
- hire a local designer to design it for you
- use Fiverr or Etsy
- commission someone you know to bring your manifesto to life



DISPLAY YOUR MANIFESTO

Once your manifesto is complete, place it somewhere prominent. Each member of the family should see it often. The manifesto serves as a reminder of your unity, uniqueness, and shared values, beliefs, and/or activities.

Surround the manifesto with pictures of your family—even better if the pictures represent the values or activities mentioned in the manifesto!



REVISIT AND REVISE

Over the years, especially if you create the manifesto when your children are young, your manifesto may need some updating.

Occasionally revisit and revise the manifesto with input from your family. You might make this an annual tradition, or simply revise as needed.

