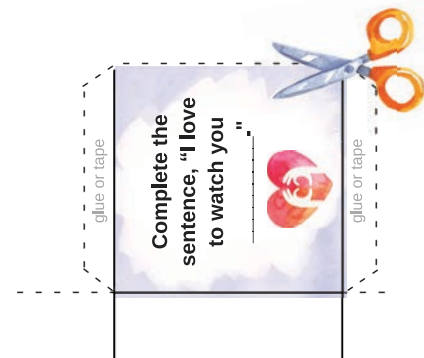


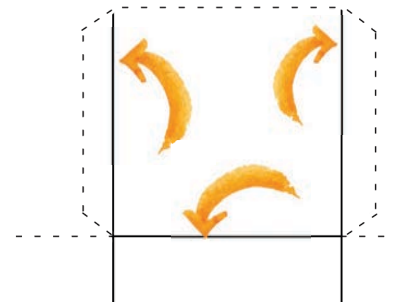
Love & Connection Cube

Use this game to connect with each other or anytime someone needs extra love!

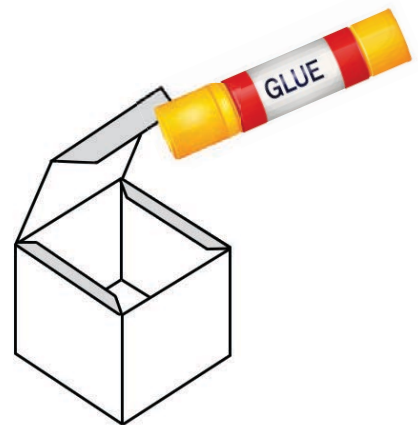
- 1 Print page 2 for a pre-made cube or page 3 to make your own. Cut on the dotted lines.



- 2 Fold on the solid black lines to make a crease.



- 3 Assemble into a cube by gluing or taping the sides together along the tabs.



Toss the cube to see what **CONNECTION** activity you can do with your family today.

Write a song for each other (sing it too).



Complete the sentence, "I love to watch you _____."



Gather together for a GROUP HUG!



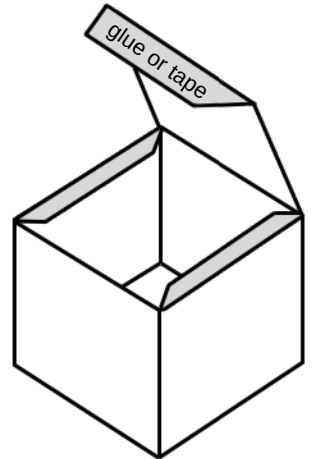
Take a twalk! (walk + talk)



Snuggle close on the couch and read together.



Make special treats for each other.



glue or tape

glue or tape

glue or tape



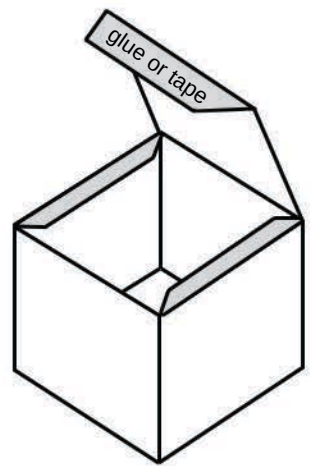
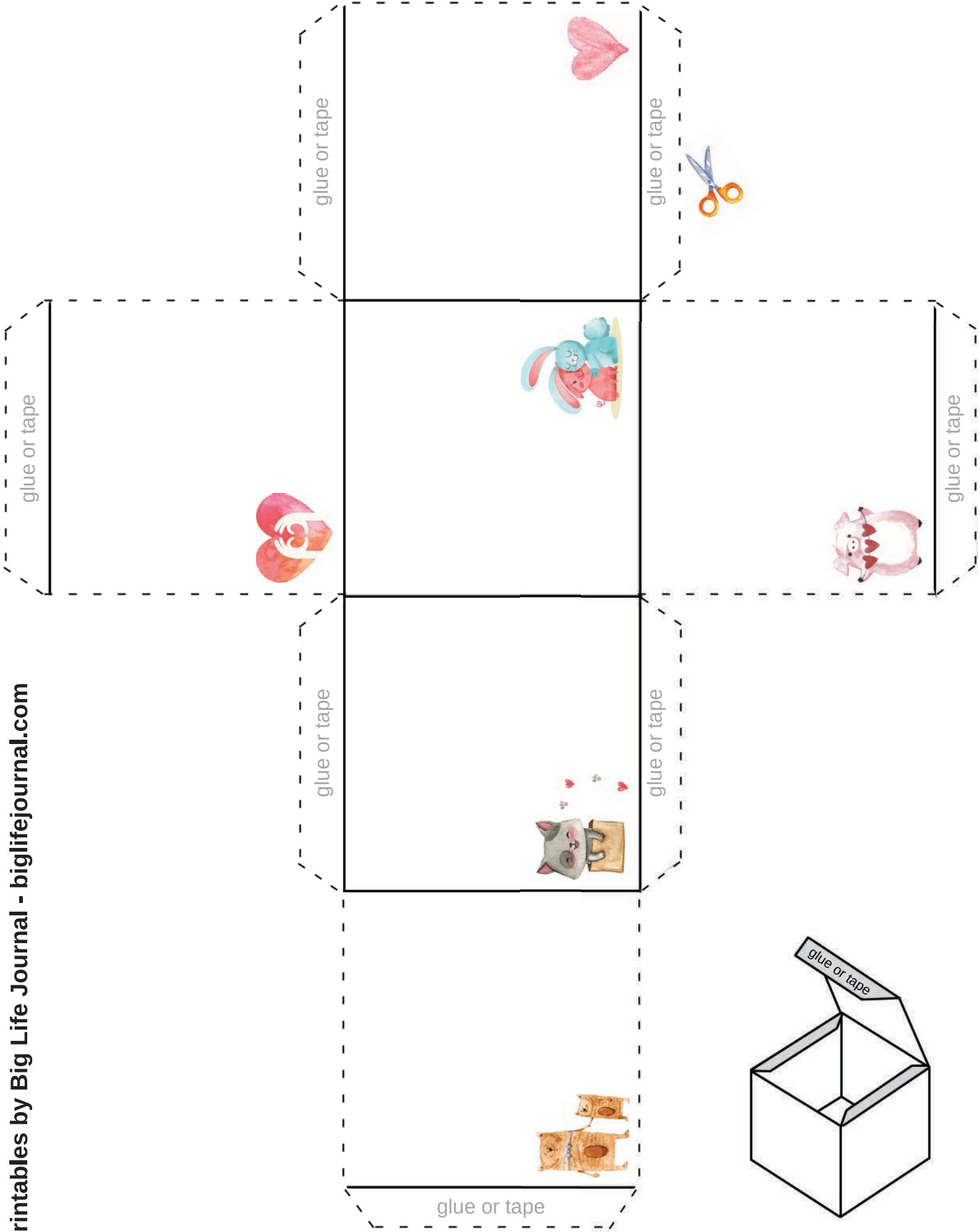
glue or tape

glue or tape

glue or tape

glue or tape

glue or tape



How to **CONNECT** with your **CHILD** using the **LOVE LANGUAGES**

Learn what your child's primary love language is and use the following tips to make them feel special and loved.

#1 – PHYSICAL TOUCH

- sitting near or beside a child
- giving lots of kisses and hugs
- giving a pat on the back, holding hands, a high-five
- occasionally yelling, "Group hug!"
- playing games like Twister

- playing This Little Piggy, tag, piggyback rides
- creating a "spa night" and do manicures & pedicures
- making up hand-shakes
- gently squeezing their hands to say "I love you!"
- snuggling close on the couch and reading together



#2 – WORDS OF AFFIRMATION

- using encouraging words and phrases often
- saying "I love you" many times a day
- saying "I love to watch you..." (play, draw, sing, help)
- affirming both their efforts and achievements
- creating a name of affection for them

- when a child makes a mistake, acknowledging their good intentions, effort, determination, etc.
- painting rocks with encouraging sayings
- writing little love notes and leaving them around the house or in their lunchbox



#3 – QUALITY TIME

- being there and listening to their stories and feelings
- being your child's Journal Buddy while working on the Big Life Journal together
- bringing your child along during errands
- looking at the stars together
- drawing or journaling together

- allowing them to help you around the house
- taking walks together and having conversations
- stopping what you are doing and making eye contact
- finding silly things to laugh about together
- doing fun activities and playing games together



#4 – GIFTS

- choosing small, inexpensive tokens, or homemade presents
- choosing gifts that fit their interests
- making a collection of unique gift boxes and wrapping paper
- gifting your child a special song (create your own)
- keeping a chart and stickers to record their achievements

- creating a photo album or book about them
- buying a new shirt that captures their personality
- making them a special treat or their favorite meal
- gathering hand-picked flowers or anything from nature
- framing a special photograph of them
- gifting a book you and your child can read together.



#5 – ACTS OF SERVICE

- carrying them to bed and tucking them in
- making them a special treat or their favorite meal
- making them a drink and bringing it to them
- when running late for an appointment, helping your child quickly finish what they are doing
- making a list of your child's favorite things to do
- doing a chore they would normally do (e.g., cleaning the playroom, making their bed)

- brushing their hair
- organizing/cleaning their closet or drawers
- checking out library books you know they would like
- sitting down to do their homework together
- giving your child a surprise room makeover

