

Play it Forward: Incorporating Therapeutic Digital Tool Benefits and Client Driven Interests in Play Therapy

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Supplemental handout

Some programs worth looking into and evaluating for your practice:

Apps:	Agar.io
Best Behavior	Breathe 2 Relax
Bubbles	Calm
Castle Story (Farm Story, all this genre)	Chicken Scream
Clash Royale	Crack and Break It
Dumb Ways to Die	Finger Fights
Fingle	Felt Board
Fluid	Fluidity
Hidden Folks	Instant Heart Rate
June's Journey	Memorise
Moving Child	My PlayHome
Plants v Zombies 1	Pictorial
Puppet Pals	Red Hands
Sand Draw	Sesame Street Breathe
Snap's Stories	Storybird
Thumb War	Touch and Learn Emotions
Virtual Sandtray (Including the AutPlay expansion pack)	Zones of Regulation

Virtual Reality:	TheBlu
NatureTreks	Beat Saber
Virtual Sandtray	Tilt Brush
Bogo	Job Simulator
Vacation Simulator	Minecraft
Wander	Google Earth
Bait	First Steps
Oculus First Contact	Richie's Plank Experience (intense, but useful in certain cases, determine carefully)