



April 2022- The Lighthouse

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

APRIL is: Physical Wellness Month

					1 10:00 Fitness Walking w/High Chase 1:00 Movie Time	2
3	4 10:00 Fitness Walking at Crystal Mall Lunch at the Mall	5 9:00 Coffee Social 9:30 Healthy Living 10:00 House Meeting 1:30 Fitness Walking w/High Chase	6 9:00 Coffee Social 10:00 Positive Vibes 11:00 Sandwich & Story 2:00 Let's Talk	7 9:00 Coffee Social 10:00 Creative Crafters/ Chair Yoga 11:00 Walking Group 1:30 Trip to Wal-mart	8 10:00 Fitness Walking w/High Chase 1:00 Movie Time	9
10	11 10:00 Fitness Walking @ East Brook Mall Mall 11:00 Sandwich & a Movie	12 9:00 Coffee Social 9:30 Healthy Living 10:00 House Meeting 1:30 Fitness Walking w/High Chase	13 9:00 Coffee Social 10:00 Positive Vibes 11:00 Sandwich & Story 2:00 Let's Talk	14 9:00 Coffee Social 10:00 Creative Crafters/ Chair Yoga 11:00 Walking Group 1:30 Trip to Dollar Tree	15 LH closed today in observance of Good Friday.	16
17 Happy Easter!!	18 10:00 Fitness Walking @ East Brook Mall 11:00 Sandwich & a Movie	19 9:00 Coffee Social 9:30 Healthy Living 10:00 House Meeting 1:30 Fitness Walking w/High Chase	20 9:00 Coffee Social 10:00 KTP Meeting 2:00 Let's Talk	21 9:00 Coffee Social 10:00 Crafts/Yoga 11:00 Walking Group 1:30 Trip to Wal-mart	22 10:00 Fitness Walking w/High Chase 1:00 Movie Time	23
24	25 10:00 Fitness Walking @ East Brook Mall 11:00 Sandwich & a Movie	26 9:00 Coffee Social 9:30 Healthy Living 10:00 House Meeting 1:30 Fitness Walking w/High Chase	27 9:00 Coffee Social 10:00 Positive Vibes 11:00 Sandwich & Story 2:00 Let's Talk	28 9:00 Coffee Social 10:00 Creative Crafters/ Chair Yoga 11:00 Walking Group 1:30 Trip to Dollar Tree	29 10:00 Fitness Walking w/High Chase 1:00 Movie Time	30

