



# March 2022- The Lighthouse

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

## MARCH is: Spiritual Wellness Month

	<p>Wear Green on the 17<sup>th</sup>! For St. Patty's Day.</p>	<p>1 9:00 Coffee Social 9:30 Healthy Living 10:00 House Meeting 1:30 Fitness Walking w/High Chase</p>	<p>2 9:00 Coffee Social 10:00 Positive Vibes 11:00 Sandwich &amp; Story 2:00 Let's Talk <b>Ash Wednesday</b></p>	<p>3 9:00 Coffee Social 10:00 Creative Crafters/Chair Yoga 11:00 Walking Group 1:30 Trip to Dollar Tree</p>	<p>4 10:00 Fitness Walking w/High Chase 1:00 Movie Time</p>	<p>5</p>
<p>6</p>	<p>7</p> <p>10:00 Fitness Walking at Buckland Hills Mall Lunch at the Mall</p>	<p>8 9:00 Coffee Social 9:30 Healthy Living 10:00 House Meeting 1:30 Fitness Walking w/High Chase</p>	<p>9 9:00 Coffee Social 10:00 Positive Vibes 11:00 Sandwich &amp; Story 2:00 Let's Talk</p>	<p>10 9:00 Coffee Social 10:00 Creative Crafters/Chair Yoga 11:00 Walking Group 1:30 Trip to Wal-mart</p>	<p>11</p> <p>10:00 Fitness Walking w/High Chase 1:00 Movie Time</p>	<p>12</p>
<p>13</p> <p>Daylight Savings Time- Set Your Clocks ONE Hour Ahead!!</p>	<p>14 10:00 Fitness Walking @ East Brook Mall 11:00 Sandwich &amp; a Movie</p>	<p>15 9:00 Coffee Social 9:30 Healthy Living 10:00 House Meeting</p>	<p>16</p> <p>9:00 Coffee Social 10:00 KTP Meeting 2:00 Let's Talk</p>	<p>17 9:00 Coffee Social 10:00 Creative Crafters/Chair Yoga 11:00 Walking Group 1:30 Trip to Dollar Tree</p>	<p>18</p> <p>10:00 Fitness Walking w/High Chase 1:00 Movie Time</p>	<p>19</p>
<p>20</p>	<p>21 10:00 Fitness Walking @ East Brook Mall 11:00 Sandwich &amp; a Movie</p>	<p>22 9:00 Coffee Social 9:30 Healthy Living 10:00 House Meeting 1:30 Fitness Walking</p>	<p>23 9:00 Coffee Social 10:00 Positive Vibes 11:00 Sandwich &amp; Story 2:00 Let's Talk</p>	<p>24 9:00 Coffee Social 10:00 Crafts/Yoga 11:00 Walking Group 1:30 Trip to Wal-mart</p>	<p>25</p> <p>10:00 Fitness Walking w/High Chase 1:00 Movie Time</p>	<p>26</p>
<p>27</p>	<p>31 10:00 Fitness Walking @ East Brook Mall 11:00 Sandwich &amp; a Movie</p>	<p>29 9:00 Coffee Social 9:30 Healthy Living 10:00 House Meeting 1:30 Fitness Walking w/High Chase</p>	<p>30 9:00 Coffee Social 10:00 Positive Vibes 11:00 Sandwich &amp; Story 2:00 Let's Talk</p>	<p>31 9:00 Coffee Social 10:00 Creative Crafters/Chair Yoga 11:00 Walking Group 1:30 Trip to Dollar Tree</p>		

