

## **AUGUST 2022- The Lighthouse**

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

## **AUGUST is: National Wellness Month**

- NA44 -						
7	1	29:00 Coffee Social 9:30 Healthy Living	3 9:00 Coffee Social 10:00 Positive Vibes	4 9:00 Coffee Social 10:00 Creative Crafters	5 9:00 Coffee Social 10:00 Swimming	6
	10:00 Trip to Crystal	10:00 House Meeting	10:30 Play @ Sr. Ctr.	11:00 Walking Group	11:00 Walking w/High	
4	Mall	1:30 Visits w/High Chase	11:00 Sandwich & Story	1:30 Movie Time	Chase	
			2:00 Let's Talk		12:00 Lunch at Sr. Center	
7	8	9 No House Meeting	10 10:00 Trip to Baltic and	11	12 10:00 Swimming at the	13
	10:00 Picnic at	10:30 Movie at	Buttonwood Farms	11:00 Walking Group	Community Center	
	Harkness State Park	Mansfield Movie- Plex 2:00 Visits w/High Chase		1:30 Shopping @ Walmart	11:00 Walking w/High Chase	
14	15	16	17 9:00Coffee Social	18 9:00 Coffee Social	19 9:00 Coffee Social	20
	10:00 Picnic at	9:00 Coffee Social	10:00 KTP Meeting	10:00 Creative Crafters	10:00 Swimming at the	
	<b>Bicentennial Pond</b>	9:30 Healthy Living	10:30 Music @Sr. Ctr.	11:00 Walking Group	Community Center	
		10:00 House Meeting	11:00 Sandwich & Story	1:30 Movie Time	11:00Walking w/H.C.	
		1:30 Visits w/High Chase	2:00 Let's Talk		12:00 Lunch at Sr. Center	
21	22 9-10:30 Training for	23	24	25 9:00 Coffee Social	26 9:00 Coffee Social	27
	LH Staff	9:00 Coffee Social	9:00 Coffee Social	10:00 Creative Crafters	10:00 Swimming at the	
	10:45 Picnic at Gay City	9:30 Healthy Living	10:00 Positive Vibes	11:00 Walking Group	Community Center	5:00 Fireworks in
	State Park	10:00 House Meeting	11:00 Sandwich & Story	1:30 Movie Time	11:00 Walking w/High	Lebanon
		1:30 Visits w/High Chase	2:00 Let's Talk	- NA4-	Chase	
28	29	30 9:00 Coffee Social	31			
		9:30 House Meeting	9:00 Coffee Social			
	10:00 Picnic at Mansfield Hollow State	10:30Learning w/Melissa	10:00 Positive Vibes			,,,,,,,,,,,
	Park	1:30 Visits w/High Chase	11:00 Sandwich & Story			
			2:00 Let's Talk			