



Welcome Arms May 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Mental Health Awareness Month			
	 5:30 pm Planetaryium @ ECSU	2 10:30 Craft & Chat @ KPL 2:30 Exercise Group	3 11:00 Pet Therapy @ WAU With Liz & Paulie	4 10:30 Games @ DAC 2:30 Exercise Group	5 11:00 Painting Group @ WAU	6
7	8 Shopping Trip Killingly Commons	9 10:30 Exercise Group 2:00 Bingo @ KPL	10 11:00 @ WAU Cooking & Menu Planning	11 10:30 Games @ DAC 2:30 Exercise Group	12 11:00 Creative Writing @ WAU	13
14 Mother's Day	15 1:00 Book to Big Screen Movie @ KPL "The Book Shop"	16 Lunch/Shopping & Bowling @ Webster	17 1:30 Adult Coloring & Card Making @ KPL	18 10:30 Games @ DAC 2:30 Yoga w/ Leila	19 Walk @ Owen Bell & Ice Cream @ RaRa's	20
21	22 11:00 Craft Group @ WAU	23 Niantic Boardwalk Walk & Picnic	24 11:00 Corn Hole & Ladder Ball @ WAU	25 10:30 Games @ DAC 2:30 Exercise Group	26 Movie Day Location TBD	27
28	 Memorial Day Agency Closed	30 11:00 @ DAC Self-Care Group w/ VOC	31 10:30 Walking Group 2:30 Coloring @ RR	DAC = Dayville Office WAU = Wauregan KPL = Killingly Public Library RR = Roseland Ranch	Judy 860-230-5467	Mary 860-617-4650