Welcome Arms July 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 11:00 Pet Therapy w/ Liz & Paulie	4 Agency Closed	5 11:00 Picnic in the Park 6:30 Plainfield Outdoor Jazz Concert	6 10:30 Game Group 2:30 Exercise or Walking Group 5:30 Yoga in the City	7 3:00 Relax w/ Watercolors @ KPL	8
9	Windsong Farms Blueberry Picking & Cooking	11 10:30 Technology Basics @ KPL 3:00 TEEG Young Adults Art Group	12 11:00 Connecticut College Arboretum	13 10:30 Game Group 2:30 Chair Yoga w/ Leila 5:30 Yoga in the City	14 Beach Trip	15
16	17 5:30pm Classic Car Show @ Willimantic Elks	18 10:00 Exercise/Walking Group	19 10:00 Morning Social Hour @ Chubby Dog coffee	10:00 Game Group 6:30 Sea Unicorns Baseball Game	21 10:00 Creative Writing	22
23	24 10:00 Morning Social Hour @ WAU	25 10:30 Exercise/Walking 3:00 TEEG Young Adults Art Group	26 11:00 Self- Care Group w/ VOC	10:30 Game Group 2:30 Exercise or Walking Group 5:30 Yoga in the City	28 Beach Trip	29
30	31 11:00 Tee Rex Mini Golf & Ice Cream		Judy 860-230-5467	Mary 860-617-4650		DAC = Dayville Office WAU = Wauregan KPL = Killingly Public Library