## Welcome Arms October 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 11:00 Pet Therapy w/ Liz & Paulie  1:00 Walk @ Putnam River Trail	3 12:30 – 2:30 Meet the Artists Reception @ DAC 3:00 TEEG Young Adult Art Expression	10:00 Plainfield Pool 1:00 Lapsley Orchard & Applesauce Making 2:30 Yoga w/ Sue	5  10:30 Game Group @ DAC  1:30 Walk @ Ross Pond State Park	9:30 Coffee Social @ Danielson DD  1:30 Creative Writing Black Out Poetry	7
8	9 Agency Closed	10:30 Exercise Group Or 11:00 YMCA 2:00 Bingo @ KPL	9:30 Coffee & Crafts 11:00 Self-Care Group 1:00 Walk @ Mansfield Hollow State Park 3:00 Yoga w/ Sue	10:30 Game Group  @ WAU 2:00 Tour Lisbon Waste To Energy Plant	11:00 Olde Sturbridge Village	14
15	16 1:00-3:30 Book to Big Screen @ KPL "Death on the Nile"	17 11:00 Corn Maze 3:00 TEEG Young Adult Art Expression	18 10:00 Plainfield Pool 1:30 Adult Coloring &Card Making @KPL 2:30 Yoga w/ Sue	19 10:30 Game Group @ DAC 2:30 Chair Yoga w/ Leila @ WAU	11:00 Scarecrows @ Olde Mystic Village	21
22	23 11:00 Shopping Trip	24  10:00 – 2:00  Social Fun Day @ WAU  Halloween Party	10:00 Coffee & Games @ WAU 11:00 Self-Care Group 2:00 Baking Class 6:00 Eastern CT Paranormal Society @ KPL	26  10:30 Game Group @ DAC 2:30 Interactive Trivia w/ Bud @ WAU	27 11:00 Lunch @ Ellis Tech Culinary Dept	28
29	30 9:30 Coffee Social @ Putnam 2:00 Craft Group Diamond Painting	31 10:30 Exercise Group Or 11:00 YMCA 2:00 Halloween Bingo & Social				
DAC = Dayville Office WAU = Wauregan Office KPL = Killingly Public Library	Green = Walktober Event		Judy 860-230-5467	Mary 860-617-4650	Sue 860-771-8067	