

Welcome Arms September 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 9:30 Coffee Social @ Putnam Dunkin 1:00 Walk & Ice Cream @ Owen Bell	2
3	4 Agency Closed 	5 10:30 Craft @ KPL 2:30 Walk@ CatHollow 3:00 TEEG Young Adult Expressive Art	6 9:30 Coffee & Creative Writing @ WAU 1:30 Cooking/Menu Planning @ WAU 2:30 Yoga w/ Sue	7 10:30 Game Group 3:00 Putnam Walk & Farmer's Market 5:30 Pathways to Peace @ TEEG	8 10:30 Beach Day @ Camp Harkness	9
10	11 11:30 Bowling & Lunch @ Webster 5:30 Yoga in our City	12 9:30 Coffee Social @ Danielson Dunkin 1:00 Walk @ Goodwin State Forest	13 10:00 Plainfield Pool 11:00 Self-Care Group w/ VOC 2:30 Yoga w/ Sue	14 10:30 Game Group BINGO 2:30 Chair Yoga w/Leila 5:30 Pathways to Peace @ TEEG	15 10:30 Mystic Seaport	16
17	18 1:00 Book to Big Screen @ KPL "Pitch Perfect" 5:30 Yoga in our City	19 9:30 Coffee Social @ WAU 3:00 TEEG Young Adult Expressive Art	20 1:30 Adult Coloring & Card Making @ KPL 2:30 Yoga w/ Sue	21 10:30 Game Group 2:30 Interactive Trivia w/ Bud @ WAU 5:30 Pathways to Peace @ TEEG	22 10:30 Niantic Boardwalk & Lunch	23
24	25 10:00 Plainfield Pool 1:00 Painting Group @ WAU 5:30 Yoga in our City	26 10:00-2:00 Social Fun Day @ WAU Self-Care/ Relaxation	27 11:00 Self-Care Group w/ VOC 2:30 Yoga w/ Sue	28 10:30 Game Group 3:00 Putnam Walk & Farmer's Market 5:30 Pathways to Peace TEEG	29 9:30 Coffee Social @ Putnam 11:30 YMCA	30
WAU = Wauregan KPL = Killingly Public Library	DAC= Dayville		Judy 860-230-5467	Mary 860-617-4650	Sue 860-771-8067	

