Welcome Arms November 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
KPL = Killingly Public Library DAC = Dayville Office WAU = Wauregan Office			1 10:00 Swimming @ Plainfield Pool Or YMCA 1:30 Walk/Exercise 2:30 Yoga w/ Sue	2 10:30 Game Group @ DAC 2:30 Walk/Exercise	3 10:30 Samuel Slater Experience Museum	4
5 DON'T FORGET TO FALL BACK	6 11:00 Pet Therapy w/Liz & Paulie 2:30 Painting Class "Turkey"	7 VOTE 10:30-12:00 Craft & Chat @ KPL 3:00 Young Adults Art Expressions Group @ TEEG	 8 9:30 Coffee Social & Games @ WAU 12:00 Walk/Exercise or YMCA 2:30 Yoga w/ Sue 	9 10:30 Game Group @ DAC 3:00 Memorial Service	10 10:30 Coffee Social & Creative Writing	11
12	13 12:30 YMCA	149:30 Coffee Social@ Putnam DD2:00 Bingo @ KPL	 15 1:00 Self-Care Group w/ VOC @ WAU 2:30 Yoga w/ Sue 	16 10:30 Game Group 1:30 Guinness World Record Day @ WAU 2:30 Chair Yoga w/ Leila	17 11:00 Auburn Mall Shopping & Lunch	18
19	20 10:30 Walking/Exercise Or YMCA 1:30 Diamond Painting @ WAU	21 9:30 Coffee Social & Games @ WAU 11:00 Self-Care Group Bernie's Candles 3:00 TEEG Young Adults	22 1:30 Traditions & The Meaning of Thanksgiving 2:30 Yoga w/ Sue	23 Thanksgiving	24	25
26	27 9:30 Coffee Social @ Danielson DD 1:00 Shopping @ Killingly Commons	28 12:00 Lunch/Shopping & Bowling @ Webster	29 10:00 Coffee & Card Making @ WAU 2:30 Yoga w/ Sue 4:00 LaSallette Christmas Lights	30 10:30 Game Group @ DAC 2:30 Trivia w/ Bud @ WAU		
			Judy 860-230-5467	Mary 860- 617-4650	Sue 860-771-8067	