



Welcome Arms March 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 10:00 Plainfield Pool \$5 2:30 Watercolor Painting @ WAU	2
3	4 10:00 Coffee Social Hour 11:00 Pet Therapy w/ Liz & Paulie Both @ WAU	5 10:30 Craft & Chat @KPL 2:30 Indoor Walking @ WAU 3:00 TEEG Young Adult Art Class	6 10:00 YMCA 1:30 Card Games @ WAU 2:30 Yoga w/Sue @ WAU	7 10:30 Game Group @ DAC 2:30 Indoor Walking Challenge @ WAU	8 11:00 Lunch/Shopping & Bowling in Webster \$	9
	11 10:00 Plainfield Pool \$5 2:30 History of St. Patrick's Day & Craft @ WAU	12 10:00 YMCA 2:00 Bingo @ KPL	13 10:00 Skip-Bo @ WAU 11:00 Self-Care Group w/ VOC @ DAC 2:30 Yoga with Mary @ WAU	14 10:30 Game Group @ DAC 2:30 Guided Painting w/ Acrylics @ WAU	15 10:00 Zips Diner & The ARC Emporium \$	16
	18 10:00 Coffee Social @ Danielson Dunkin Donuts 1:00 Book to Big Screen Movie @ KPL A Man Called Ove	19 11:00 Lunch/Shopping & Bowling @ Webster \$ 4:00 Celtic Music @ KPL	20 10:00 Healthy Meals on a Budget @ WAU 1:30 Adult Coloring & Card Making @ KPL 3:00 Yoga w/Sue @ WAU	21 10:30 Game Group @ DAC 2:30 Chair Yoga w/ Leila @ WAU	22 11:00 Mansfield Movieplex (\$6.00 before noon) \$	23
24	25 11:30 Easter Egg Designing Activity @ WAU 2:30 Indoor Walking Challenge @ WAU	26 10:00 Coffee Social @ Putnam Dunkin Donuts 1:30 Rummikub @ Ella Grasso	27 10:00 Coffee Social and Creative Writing @ WAU 11:00 Self-Care Group w/ VOC @ DAC 2:30 Yoga w/Sue @ WAU	28 10:30 Game Group @ DAC 2:30 Interactive Trivia w/ Bud @ WAU	29 10:00 Plainfield Pool \$5 Or YMCA 2:30 Pokemo Game @ WAU	30
31			Judy 860-230-5467	Mary 860-617-4650	For Chair Yoga w/ Sue & InShape Sue 860-771-8067	DAC = Dayville WAU = Wauregan KPL = Killingly Public Library

