

# APRIL 2024- The Lighthouse



| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY                                  |
|--|--|--|---|---|---|---|
| <b>Morning Social- Monday thru Friday at 8:30.</b> | 1 8:30 Shopping w/Lisa<br>9:00 Coloring Group<br>10:00 Trip to Husky Museum<br>10:00 Bingo<br>2:00 Walking Grp.                  | 29:00 Health Grp. w/the UCONN<br>10:00 House Meeting<br>2:00 Trip to Gym<br><b>Primary Day- Need a Ride???????</b> | 3<br>10:00 Positive Vibes<br>11:30 Cookout<br>2:00 Walking Group                    | 4<br>9:30 Coping Skills or Independent Crafts<br>11:30 Shopping Trip  | 5<br>10:00 Swimming<br>10:00 Bingo<br>12:00 Movie and Lunch                     | 6<br>WAIM Shopping Trip                   |
| 7  | 8 8:30 Shopping w/Lisa<br>9:00 Coloring Group<br>10:00 Bingo<br>11:00 Movie<br>2:00 Walking Group                                | 9<br>9:00 Health Group w/the UCONN Students<br>10:00 House Meeting<br>2:00 Trip to Gym                             | 10<br>10:00 Positive Vibes<br>11:30 Cookout<br>2:00 Walking Group                   | 11<br>9:00 Chair Yoga or Independent Crafts<br>11:30 Shopping Trip    | 12<br>10:00 Swimming<br>10:00 Bingo<br>12:00 Movie and Lunch                    | 13<br>8:30 Columbia Breakfast             |
| 14   | 15<br>8:30 Shopping w/Lisa<br>9:00 Coloring Group<br>10:00 Mystic Aquarium<br>10:00 Bingo<br>2:00 Walking Group                  | 16<br>9:00 Health Group w/the UCONN Students<br>10:00 House Meeting<br>2:00 Trip to Gym                            | 17<br>10:00 Resiliency Training w/Dani/Serac<br>11:30 Cookout<br>2:00 Walking Group | 18<br>9:30 Coping Skills or Independent Crafts<br>11:30 Shopping Trip | 19<br>10:00 Swimming<br>10:00 Bingo<br>11:00 Dollar Tree Dinners<br>12:00 Movie | 20  |
| 21   | 22 8:30 Shopping w/Lisa<br>9:00 Coloring Group<br>10:00 Bingo<br>11:00 Movie<br>2:00 Walking Group                               | 23 9:30 Healthy Living Group<br>10:00 House Meeting<br>2:00 Trip to Gym  | 24<br>10:00 Positive Vibes<br>11:30 Cookout<br>2:00 Walking Group                   | 25<br>9:00 Chair Yoga or Independent Crafts<br>11:30 Shopping Trip    | 26<br>10:00 Swimming<br>10:00 Bingo<br>12:00 Movie and Lunch                    | 27<br>Trip to the Vernon Civil War Museum |
| 28   | 29<br>8:30 Shopping w/Lisa<br>9:00 Coloring Group<br>10:00 Grp. w/Daly from BHH<br>1:00 Mansfield Social Grp.- RM. 234-Mansfield | 30<br>9:30 Healthy Living Group<br>10:00 House Meeting<br>2:00 Trip to Gym   | 31<br>10:00 Positive Vibes<br>11:30 Cookout<br>2:00 Walking Group                   | <h2>Defeat Diabetes Month</h2>  |   |   |



# February 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        |         | 1         | 2        | 3      | 4        |
| 5      | 6      | 7       | 8         | 9        | 10     | 11       |
| 12     | 13     | 14      | 15        | 16       | 17     | 18       |
| 19     | 20     | 21      | 22        | 23       | 24     | 25       |
| 26     | 27     | 28      | 29        |          |        |          |
|        |        |         |           |          |        |          |

# March 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        |         |           | 1        | 2      | 3        |
| 4      | 5      | 6       | 7         | 8        | 9      | 10       |
| 11     | 12     | 13      | 14        | 15       | 16     | 17       |
| 18     | 19     | 20      | 21        | 22       | 23     | 24       |
| 25     | 26     | 27      | 28        | 29       | 30     | 31       |
|        |        |         |           |          |        |          |

# April 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------|--------|----------|
| 1      | 2      | 3       | 4         | 5        | 6      | 7        |
| 8      | 9      | 10      | 11        | 12       | 13     | 14       |
| 15     | 16     | 17      | 18        | 19       | 20     | 21       |
| 22     | 23     | 24      | 25        | 26       | 27     | 28       |
| 29     | 30     |         |           |          |        |          |
|        |        |         |           |          |        |          |

# May 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        | 1       | 2         | 3        | 4      | 5        |
| 6      | 7      | 8       | 9         | 10       | 11     | 12       |
| 13     | 14     | 15      | 16        | 17       | 18     | 19       |
| 20     | 21     | 22      | 23        | 24       | 25     | 26       |
| 27     | 28     | 29      | 30        | 31       |        |          |
|        |        |         |           |          |        |          |

# June 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        |         |           |          | 1      | 2        |
| 3      | 4      | 5       | 6         | 7        | 8      | 9        |
| 10     | 11     | 12      | 13        | 14       | 15     | 16       |
| 17     | 18     | 19      | 20        | 21       | 22     | 23       |
| 24     | 25     | 26      | 27        | 28       | 29     | 30       |
|        |        |         |           |          |        |          |

# July 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------|--------|----------|
| 1      | 2      | 3       | 4         | 5        | 6      | 7        |
| 8      | 9      | 10      | 11        | 12       | 13     | 14       |
| 15     | 16     | 17      | 18        | 19       | 20     | 21       |
| 22     | 23     | 24      | 25        | 26       | 27     | 28       |
| 29     | 30     | 31      |           |          |        |          |
|        |        |         |           |          |        |          |



# August 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        |         | 1         | 2        | 3      | 4        |
| 5      | 6      | 7       | 8         | 9        | 10     | 11       |
| 12     | 13     | 14      | 15        | 16       | 17     | 18       |
| 19     | 20     | 21      | 22        | 23       | 24     | 25       |
| 26     | 27     | 28      | 29        | 30       | 31     |          |
|        |        |         |           |          |        |          |

# September 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        |         |           |          |        | 1        |
| 2      | 3      | 4       | 5         | 6        | 7      | 8        |
| 9      | 10     | 11      | 12        | 13       | 14     | 15       |
| 16     | 17     | 18      | 19        | 20       | 21     | 22       |
| 23     | 24     | 25      | 26        | 27       | 28     | 29       |
| 30     |        |         |           |          |        |          |

# October 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------|--------|----------|
|        | 1      | 2       | 3         | 4        | 5      | 6        |
| 7      | 8      | 9       | 10        | 11       | 12     | 13       |
| 14     | 15     | 16      | 17        | 18       | 19     | 20       |
| 21     | 22     | 23      | 24        | 25       | 26     | 27       |
| 28     | 29     | 30      | 31        |          |        |          |
|        |        |         |           |          |        |          |

# November 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        |         |           | 1        | 2      | 3        |
| 4      | 5      | 6       | 7         | 8        | 9      | 10       |
| 11     | 12     | 13      | 14        | 15       | 16     | 17       |
| 18     | 19     | 20      | 21        | 22       | 23     | 24       |
| 25     | 26     | 27      | 28        | 29       | 30     |          |
|        |        |         |           |          |        |          |

# December 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        |         |           |          |        | 1        |
| 2      | 3      | 4       | 5         | 6        | 7      | 8        |
| 9      | 10     | 11      | 12        | 13       | 14     | 15       |
| 16     | 17     | 18      | 19        | 20       | 21     | 22       |
| 23     | 24     | 25      | 26        | 27       | 28     | 29       |
| 30     | 31     |         |           |          |        |          |