

# APRIL 2025 Lighthouse



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Morning Social Monday thru Friday at 8:30.</b>		1 9:30 Healthy Living Group 10:00 House Meeting 12:00 Fitness Walk w/High Chase Members	<b>2 10:00 Learning w/Uconn</b> 11:30 Lunch 2:00 Fitness Walk	3 9:00 Independent Crafts 9:30 Coping Skills 12-2 Fitness Walk	4 10:00 Bingo w/Tammy 11:30 Lunch 12 to 2 Diamond Painting Group	5 <b>9:00 Out for Breakfast</b>
6	7 8:30 Walmart Trip 9:00 Coloring Group 10:00 Bingo 11:30 Lunch 12-2 Afternoon Warriors	8 9:30 Healthy Living Group 10:00 House Meeting 12:00 Fitness Walk w/High Chase Members	<b>9 10:00 Learning w/UCONN</b> 11:30 Lunch 2:00 Fitness Walk	10 9:00 Independent Crafts <b>9:30 Chair Yoga w/Leila</b> 12-2 Fitness Walk	11 <b>10:00 Narcan Awareness w/Deb W. From Serac</b> 11:30 Lunch 12to2 Diamond Painting	12
<b>13 9:00 Trip to the Flea Market</b>  <b>Palm Sunday</b>	<b>14 8:30 Walmart Trip</b> 9:00 Coloring Group 10:00 Bingo 11:30 Lunch <b>12-2 Painting w/Carlos</b>	<b>15 9:30 Healthy Living Group</b> 10:00 House Meeting 12:00 Fitness Walk w/High Chase Members	<b>16 10:00 Learning w/UCONN</b> 11:30 Lunch 2:00 Fitness Walk	<b>17 9:30 Self Care Group for Life and Work- Derrick Jones/ Human Services Navigator</b> 12-2 Fitness Walk	<b>18 Good Friday</b> 10:00 Bingo w/Tammy 11:30 Lunch 12 to 2 Diamond Painting Group	19
20  <b>Easter Sunday</b>	<b>21 8:30 Walmart Trip</b> 9:00 Coloring Group 10:00 Bingo 11:30 Ham Dinner 12-2 Afternoon Warriors	<b>22 9:30 Healthy Living Group</b> 10:00 House Meeting 12:00 Fitness Walk w/High Chase Members	<b>23 10:00 Learning w/Uconn</b> 11:30 Lunch 2:00 Fitness Walk	<b>24 9:00 Independent Crafts</b> <b>9:30 Chair Yoga w/Leila</b> 12-2 Fitness Walk	<b>25</b> 10:00 Bingo w/Tammy 11:30 Lunch 12 to 2 Diamond Painting Group	<b>26</b> <b>11:00 Movie w/High Chase</b>
27	28 8:30 Walmart Trip 9:00 Coloring Group <b>10:00 Health Grp. w/Daly</b> 11:30 Lunch 12-2 Afternoon Warriors	<b>29 9 to 11 Open for Spring Cleaning</b> 1:00 Staff Meeting	<b>30 10:00 Learning w/UCONN</b> 11:30 Lunch 2:00 Fitness Walk			
			<b>A.W.=Afternoon Warriors</b> <b>C.S.=Coping Skills</b>			