

MAY 2025 Lighthouse

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|---|--|---|
| Morning Social Monday thru Friday at 8:30. | @ | @ | @ | 1 9:00 Independent Crafts 9:30 Chair Yoga w/Leila 12-2 Fitness Walk | 2 10:00 Bingo w/Tammy 11:30 Lunch 12 to 2 Diamond Painting Group | 3 8:00 Breakfast at the Lighthouse & WAIM |
| 4 | 5 8:30 Walmart Trip 9:00 Coloring Group 10:00 Picnic and Walk at Mansfield Hollow 12-2 Afternoon Warriors | 6 9:30 Healthy Living Group 10:00 House Meeting 12:00 Fitness Walk w/High Chase Members | 7 10:00 Learning w/UCONN 11:30 Cookout w/Carlos 2:00 Fitness Walk | 8 9:00 Independent Crafts 9:30 Chair Yoga w/Leila 12-2 Fitness Walk | 9 10:00 Bingo w/Tammy 11:30 Lunch 12to2 Diamond Painting | 10 8:30 Trip to the Flea Market |
| 11 Happy Mother's Day | 12 8:30 Walmart Trip 0:00 Coloring Group 10:00 Picnic and Walk at Mansfield Hollow 12-2 Painting w/Carlos | 13 9:30 Healthy Living Group 10:00 House Meeting 12:00 Fitness Walk w/ High Chase Members | 14 10:00 Bingo w/Tammy 11:30 Cookout w/Carlos 2:00 Fitness Walk | 15 9:30 Self Care Group for Life and Work w/Vocational Services 12-2 Fitness Walk | 16 10:00 Bingo w/Tammy 11:30 Lunch 12 to 2 Diamond Painting Group | 17 |
| 18 | 19 8:30 Walmart Trip 9:00 Coloring Group 10:00 Picnic and Walk at Mansfield Hollow 12-2 Afternoon Warriors | 20 9:30 Healthy Living Group 10:00 House Meeting 12:00 Fitness Walk w/High Chase Members | 21 10:00 Bingo w/Tammy 11:30 Cookout w/Carlos 2:00 Fitness Walk | 22 9:00 Independent Crafts 9:30 Coping Skills 12-2 Fitness Walk | 23 10:00 Bingo w/Tammy 11:30 Lunch 12 to 2 Diamond Painting Group | 24 |
| 25 | 26 LH Closed Today – Memorial Day | 27 9 to 11 Open for Spring Cleaning 1:00 Staff Meeting | 28 10:00 Bingo w/Tammy 11:00 Lunch 12:30 Staff Training | 28 9:00 Ind. Crafts 9:30 Healthy Living Grp. 12-2 Fitness Walk | 29 10:00 Bingo w/Tammy 11:30 Lunch 12-2 Diamond Painting Group | 30 |
| 31 | | | | | | |