



Welcome Arms July 2025



SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	1 (M) Mary 860-617-4650 (S) Sue 860-771-8067 AM InShape (S) 10:30 Craft and Chat KPL 2:00 Young Adult Adventures (M)	2 9:30 Morning Hike (S) 1:00 Buck's Ice Cream and ARC Emporium (M) 3:00 Chair Fitness with Sue	3 AM InShape (S) 10:30 Blueberry Picking and Healthy Cooking with Sue (MV)	4 Agency Closed Today 	5	
6	7 10:00 Coffee Social & Morning Stretch WAU 11:00 Pet Therapy with Paulie WAU 2:00 Shell Craft Class Hygeia Park (M)	8 11:00 Quaddick Park Thompson Picnic, Hiking and Games	9 12:00 Bingo PPL 3:00 Chair Fitness with Mary WAU (SV)	10 10:00 Game Group DAC 1:30 Blueberry Picking And We-Li-Kit Ice Cream \$	11 9-12 Welcome Arms Closed for Staff Event 1:30 Corn Hole & Gardening WAU	12 9:30 Breakfast at the Painted Baker and Shops (S)
13	14 9:30 Morning Hike (S) 1:30 Guided Acrylic Painting in the Park (M)	15 AM InShape (S) 9:30 Coffee Social and Game Group WAU 3:00 Young Adult Art Expressions w/ TEEG	16 1:30 Ault Coloring and Card Making KPL 3:00 Chair Fitness with Sue 6:30 Concert in the Park Plainfield	17 11:00 Camp Harkness Picnic at the Beach Outing	18 9:30 Morning Hike with Sue Or Healthy Plates (MV)	19
20	21 AM InShape (S) 3:00 Chair Fitness with Sue (MV)	22 11:00 Denison Nature Preserve Picnic and Hike Stonington	23 AM InShape (S) 9:30 Coffee and Creative Writing WAU (M) Welcome arms closed this afternoon for training	24 2:00 Interactive Trivia with Bud WAU 6:00 Concert in Davis Park	25 9:30 Breakfast at The Victorian Restaurant Plainfield (M) (SV)	26 9:00 Walk Cat Hollow and Farmers Market (M)
27	28 11:00 Lunch, Shopping and Bowling \$	29 InShape (S) 9:30 Coffee Social and Diamond Painting WAU (M) 3:00 Young Adult Art Expressions w/ TEEG	30 10:30 Knolls and Holes Mini Golf and Lunch \$ 3:00 Chair Fitness with Sue	31 11:00 Camp Harkness Picnic at the Beach Outing	MV=Mary Vacation SV=Sue Vacation KPL = Killingly Public Library DAC = Dayville Office WAU = Wauregan Office PPL = Putnam Public Library	