

# AUGUST 2025 Lighthouse



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Morning Social- Monday thru Friday at 8:00</b>					1 9:30 Bingo 10:30 House Meeting 11:30 Lunch 12:15 Crafts w/Bob	2  <b>9:00 WAIM and Farmers Market</b>
3   <b>Friendship Day</b>	4 9:00 Coloring Group 10:00 Walking Group 11:30 Lunch 12-2 Afternoon Warriors	5 9:30 Healthy Living – <b>Are Air Fryers Healthy?</b> <b>10:00 Crafts w/Bob</b> 11:20 Lunch/Walk w/HC	6 10:00 Coloring Group 12:00 Cookout w/Carlos 1:00 Fitness Walk	7 9:00 Independent Crafts 9:30 Coping Skills w/Jess 12-2 Fitness Walk	8 9:30 Bingo 10:30 House Meeting 11:30 Lunch 12:15 Crafts w/Bob	9
10	11 9:00 Coloring Group 10:00 Walking Group 11:30 Lunch <b>12:00 Painting w/Carlos</b>	12 9:30 Healthy Living- <b>Acid Reflux</b> <b>10:00 Crafts w/Bob</b> 11:30 Lunch/Walk w/HC	13 10:00 Coloring Group 12:00 Cookout w/Carlos 1:00 Fitness Walk	14 9:00 Ind. Crafts <b>9:30 Self Care Group for Life and Work</b> 12-2 Fitness Walk	15 9:30 Bingo 10:30 House Meeting 11:30 Lunch 12:15 Crafts w/Bob	16  <b>5:30 Concert at Scotland on the Green</b>
17	18 9:00 Coloring Group 10:00 Walking Group 11:30 Lunch 12-2 Afternoon Warriors	19  <b>9-11 Summer Cleaning and Lunch</b>	20 10:00 Coloring Group 12:00 Cookout w/Carlos 1:00 Fitness Walk	21 <b>9:30 Chair Yoga w/Leila</b> 9:30 Ind. Crafts 11:30 Fitness Walk	22 9:30 Bingo 10:30 House Meeting <b>11:30 Visit, Lunch and Crafts w/ Welcome Arms</b>	23
24	25 9:00 Coloring Group <b>10:00 Health Group w/ BHH</b> 11:30 Lunch 12-2 Afternoon Warriors	26 9:30 Healthy Living- <b>Are Houseplants Good For your health?</b> <b>10:00 Crafts w/Bob</b> 11:30 Lunch/Walk w/HC	27 10:00 Coloring Group 12:00 Cookout w/Carlos 1:00 Fitness Walk	28 <b>9:30 Chair Yoga w/Leila</b> 9:30 Ind. Crafts 11:30 Fitness Walk	29 9:30 Bingo 10:30 House Meeting 11:30 Lunch 12:15 Crafts w/Bob	30  <b>8:00 Breakfast at the clubhouse</b>
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