

# OCTOBER 2025 Lighthouse



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9:00 Word Games 10:00 Health Group w/UCONN 11:00 Coloring Group 12:00 Lunch	2 9:00 Ind. Crafts 9:30 Coping Skills 11-2 Brick Row Group 12-2 Shopping Group	3 9:30 Bingo 10:30 House Meeting 11:30 Lunch 12:15 Crafts	4 8:00 Breakfast at the LH
5	6 9:00 Coloring Group 10:00 Crafts w/Bob 11:30 Lunch 12-2 Painting w/Carlos	7 9:30 Healthy Living- <b>Best Veggies for Your Health</b> 11:30 Games w/ HC	8 9:00 Word Games 10:00 Health Group w/UCONN 11:00 Coloring Group 12:00 Lunch	9 9:00 Independent Crafts 9:30 Crafts w/Bob 11-2 Brick Row Group 12-2 Fitness Walk	10 9:30 Bingo 10:30 House Meeting 11:30 Lunch 12:15 Crafts	11
12	13 10:00 Trip to Buell's Orchard <b>Indigenous People's Day- LH Closed Today</b>	14 9:30 Healthy Living- <b>Asthma Triggers</b> 12:30 Staff Training	15 9:00 Word Games 10:00 Health Group w/UCONN 11:00 Coloring Group 12:00 Lunch	16 9:00 Ind. Crafts 9:30 Chair Yoga w/Leila 11-2 Brick Row Group 12-2 Fitness Walk	17 9:30 Bingo 10:30 House Meeting 11:30 Lunch 12:15 Crafts	18
19	20 9:00 Coloring Group 10:00 Crafts w/Bob 11:30 Lunch 12-2 Afternoon Warriors	21 9-11 <b>Cleaning Day and Lunch</b>	22 9:00 Word Games 10:00 Health Group w/UCONN 11:00 Lunch 12:30 Staff Training	23 9:30 Ind. Crafts 9:30 Chair Yoga w/Leila 11-2 Brick Row Group 12-2 Fitness Walk	24 9:30 Bingo 10:30 House Meeting 11:30 Lunch 12:15 Crafts	25
26	27 9:00 Coloring Group 10:00 Health Group w/BHH 11:30 Lunch 12-2 Afternoon Warriors	28 9:30 Healthy Living- <b>5 Sleep Myths</b> 1:00 Division Meeting for Staff	29 9:00 Word Games 10:00 Health Group w/UCONN 11:00 Coloring Group 12:00 Lunch	30 9:00 Ind. Crafts 9:30 Coping Skills 11-2 Brick Row Group 12-2 Shopping Group	31 <b>Happy Halloween</b> 9:30 Halloween Bingo 10:30 House Meeting 11:30 Lunch 12:15 Crafts	