

February 2026 Lighthouse



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 9:00 Coloring Group w/Jenna 10:00 LRC or Yahtzee 11:30 Lunch 12:15Afternoon Warriors/Mall Walk Groundhog Day	3 9:30 Healthy Living- 9 Carcinogens Hiding in Your Home 11:30 Shopping w/High Chase	4 9:00 Boardgames w/Kelly 10:00 Trivia 11:30 Lunch 12:00 Mindfulness Group w/Kate 12:30 Shopping Trip	5 9:30 Coping Skills 9:30 Ind. Crafts 11:30 Shopping Trip and Lunch	6 9:30 Bingo 10:30 House Meeting 11:30 Lunch 12:15 Crafts	7
8	9 9:00 Coloring Group w/Jenna 10:00 LRC or Yahtzee 11:30 Lunch 12:15 Painting w/Carlos	10 9:30 Healthy Living- Headache or Migraine-What's the Difference? 12:30 Staff Training	11 9:00 Boardgames w/Kelly 10:00 Trivia 11:30 Lunch 12:30 Shopping Trip	12 9:30 Chair Yoga w/Leila 9:30 Ind. Crafts 11:30 Shopping Trip and Lunch	13 9:30 Bingo 10:30 House Meeting 11:30 Lunch 12:15 Crafts	14 Happy Valentine's Day 
15	16 LH Closed today in Observance of President's Day	17 9:30 to 11:30- L.H. Cleaning Day 11:30 Mall Walk w/High Chase	18 9:00 Boardgames w/Kelly 10:00 Trivia 11:30 Lunch 12:00 Mindfulness Grp 12:30 Shopping Trip	19 9:30 Coping Skills 9:30 Ind. Crafts 11:30 Shopping Trip and Lunch	20 9:30 Bingo 10:30 House Meeting 11:30 Lunch 12:15 Guided Painting	21
22	23 9:00 Coloring Group 10:00 Health Group w/Daly from BHH 11:30 Lunch 12:15 Afternoon Warriors/ Mall Walk	24 9:30 Healthy Living- Tuberculosis 1:00 Staff Division Meeting	25 9:00 Board Games w/Kelly 10:00 Trivia 11:30 Lunch 12:30 Shopping Trip	26 9:30 Chair Yoga w/Leila 9:30 Ind. Crafts 11:30 Shopping Trip and Lunch	27 9:30 Bingo 10:30 House Meeting 11:30 Lunch 12:15 Crafts	28
Morning Social- Monday thru Friday at 8:30.			Fitness Walking Group- Monday and Wednesday from 9:00 to 10:00.			

