

MARCH 2026 Lighthouse



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 9:00 Coloring Group w/Jenna 10:00 LRC or Yahtzee 11:30 Lunch 12:15 Afternoon Warriors/Mall Walk	3 9:30 Healthy Living- Atrial Fibrillation 11:30 Shopping w/High Chase	4 9:00 Boardgames w/Kelly 10:00 Health Grp. w/Uconn 12:00 Mindfulness Grp. w/Kate 12:30 Shopping Trip	5 9:30 Coping Skills 9:30 Ind. Crafts 11:30 Shopping Trip and Lunch	6 9:30 Bingo 10:30 House Meeting 11:30 Lunch 12:15 Crafts	7
8 Daylight Savings Time Begins- Please set your clocks one hour ahead!	9 9:00 Coloring Grp w/Jenna 10:00 LRC or Yahtzee 11:30 Lunch 12:15 Painting w/Carlos	10 9:30 Healthy Living- Diabetic Retinopathy 11:30 Mall Walk with High Chase	11 9:00 Boardgames w/Kelly 10:00 Health Grp. w/Uconn 11:30 Lunch 12:30 Shopping Trip	12 9:30 Chair Yoga w/Leila 9:30 Ind. Crafts 11:30 Shopping Trip and Lunch	13 9:30 Bingo 10:30 House Meeting 11:30 Lunch 12:15 Crafts	14
15	10:00 LRC or Yahtzee 11:30 Lunch 12:15 Afternoon Warriors/Mall Walk	17 9:30 to 11:30- LH Cleaning Day 11:30 Mall Walk w/High Chase St. Patrick's Day	18 9:00 Boardgames w/Kelly 10:00 Trivia 12:00 Mindfulness Grp. w/Kate 12:30 Shopping Trip	19 9:30 Coping Skills 9:30 Ind. Crafts 11:30 Shopping Trip and Lunch	20 SPRING BEGINS 9:30 Bingo 10:30 House Meeting 11:30 Lunch 12:15 Guided Painting	21
22	23 9:00 Coloring w/Jenna 10:00 LRC or Yahtzee 1:30 Lunch 12:15 Afternoon Warriors/ Mall Walk	24 9:30 Healthy Living- 4 Ways to Get Ahead Of Sepsis 11:30 Mall Walk with High Chase	25 9:00 Board Games w/Kelly 10:00 Health Grp. w/Uconn 11:30 Lunch 12:30 Shopping Trip	26 9:30 Chair Yoga w/Leila 9:30 Ind. Crafts 11:30 Shopping Trip and Lunch	27 9:30 Bingo 10:30 House Meeting 11:30 Lunch 12:15 Crafts	28
29 Morning Social- Monday thru Friday at 8:30.	30 9:00 Coloring w/Jenna 10:00 Health Grp. w/Daly from BHH 11:30 Lunch 12:15 Afternoon Warriors/Mall Walk	31 9:30 Healthy Living- Migraines-Simple Steps to Head off the Pain 1:00 Division Meeting for Staff		Morning Social- Monday thru Friday at 8:30AM.	Fitness Walking Grp. Monday and Wednesday from 9:00 to 10:00.	

