

DAYVILLE CHILD GUIDANCE GROUP CALENDAR

MON	TUE	WED	THU	FRI
		1 5-6pm- Worry to Wellness(Ages 9-12) 6-7pm-Resilient Minds(Ages 9-12)	2	3
6	7 5-6pm- Growth Group	8 5-6pm- Worry to Wellness(Ages 13-16)	9	10
13 6-7pm- Drawn Together	14 3:30-4:30pm- Smart Recovery 5-6pm- Growth Group	15 5-6pm- Worry to Wellness(Ages 9-12) 6-7pm-Resilient Minds(Ages 9-12)	16	17
20	21 3:30-4:30pm- Smart Recovery 5-6pm- Growth Group	22 5-6pm- Worry to Wellness(Ages 13-16) 6-7pm-Resilient Minds(Ages 13-17)	23	24
27 6-7pm- Drawn Together	28 3:30-4:30pm- Smart Recovery 5-6pm- Growth Group	29 5-6pm- Worry to Wellness(Ages 9-12) 6-7pm-Resilient Minds(Ages 9-12)	30	

NOTES

Growth Group w/ Jamie- a space for youth ages 11-14 utilizing skills-based therapy to support in building self-esteem, confidence, and a positive sense of identity.

Worry to Wellness w/ Amanda(2 groups separated by age)- a space for youth to increase their understanding of anxiety, learn and practice coping skills. Improve emotional regulation, as well as strengthen social skills and peer support.

Resilient Minds w/ Stacie(2 groups separated by age)- a clinical support group for youth with separated caregivers/parents or that have experienced a disrupted attachment to a parent.

SMART Recovery w/ Shelby- a support group for teens ages 12-17 who are struggling w/ any addiction and need support in their recovery

Drawn Together w/ Shelby- a space for kiddos 6-10 to explore self expression, processing emotions, and social skills building through art.



"SUCCESS IS A JOURNEY, NOT A DESTINATION."

April 2026