

# MANSFIELD CHILD GUIDANCE GROUP CALENDAR



**"SUCCESS IS A  
JOURNEY, NOT A  
DESTINATION."**

**April  
2026**

| MON  | TUE | WED  | THU                             | FRI |
|--|-----|--|---------------------------------|-----|
|  |     | 1<br>4-5pm- Teen Collective Group<br>5-6pm- Creative Minds(Ages 12-17)   | 2<br>5-6pm- StrongHER Together  | 3   |
| 6<br>5-6pm- Learning to Manage (Ages 10-13)<br>6-7pm-Chill & Chat  | 7   | 8<br>4-5pm- Creative Minds (Ages 6-11)                                   | 9<br>5-6pm- Rise and Thrive     | 10  |
| 13<br>5-6pm- Learning to Manage(Ages 5-9)<br>6-7pm- Chill & Chat   | 14  | 15<br>4-5pm- Creative Minds (Ages 12-17)<br>5-6pm- Teen Collective Group | 16<br>5-6pm- StrongHER Together | 17  |
| 20<br>5-6pm- Learning to Manage(Ages 10-13)<br>6-7pm- Chill & Chat | 21  | 22<br>4-5pm- Creative Minds (Ages 6-11)<br>5-6pm- Teen Collective Group  | 23<br>5-6pm- Rise and Thrive    | 24  |
| 27<br>5-6pm- Learning to Manage(Ages 5-9)<br>6-7pm- Chill & Chat   | 28  | 29<br>5-6pm- Teen Collective Group                                       | 30<br>5-6pm- StrongHER Together |     |

## NOTES

**The Teen Collective w/ Sonia**-a space for youth ages 14-17 to work on increasing self-worth and confidence, utilizing CBT and DBT skills.

**Creative Minds w/ Lexi(2 groups separated by age)**- a space for youth to explore emotional expression through art and build social skills in this group setting.

**Rise & Thrive w/ Addy**- a space for boys ages 12-17; a self-empowerment group aimed to increase self-esteem, improve decision-making skills, and achieve personal goals and growth.

**StrongHER Together w/ Addy**- a space for girls ages 12-17; a self-empowerment group aimed to increase self-esteem, improve decision-making skills, and achieve personal goals and growth.

**Chill & Chat w/ Cristal(bilingual)**- a space for youth ages 14-17 to decompress and work through and identify social anxiety.

**Learn to Manage Emotions w/ Sophia(2 groups separated by age)**- a space for youth struggling with behavioral concerns. **Learn how to identify and verbalize your emotions in an effect way.**