



MAY 2026 Lighthouse



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mindfulness Group w/Kate- Dates TBD	Fitness Walking Group- Monday and Wednesday from 9:00 to 10:00.	Independent Crafts Daily from 8 to 9.	Morning Social- Monday thru Friday at 8:00 a.m.		1 9:30 Bingo 10:30 House Meeting 11:30 Lunch 2:30 Individual Exercise Appointment	2
3	4 9:00 Coloring Grp w/Jenna 10:00 Healthy Living 11:30 Lunch 12:15 Painting w/Carlos	5 9:00 Cleaning Day 10:30 Menu Planning 11:00 Lunch 11:30S Shopping with High Chase	6 9:00 Board games w/Kelly 10:00 Garden Care 10:30 Yard Games 11:30 Cookout 12:30 Shopping Trip	7 9:30 Ted Talks & Discussion 11:30 Shopping Trip and Lunch	8 9:30 Bingo 10:30 House Meeting 11:30 Lunch 2:30 Individual Exercise Appointment	9
10 Happy Mother's Day 	11 9:00 Coloring Grp w/Jenna 10:00 Healthy Living 11:30 Lunch 12:15 Community Walk	12 9:00 Cleaning Day 10:30 Menu Planning 11:00 Lunch 11:30S Shopping with High Chase	13 9:00 Board games w/Kelly 10:00 Garden Care 10:30 Yard Games 11:30 Cookout 12:30 Shopping Trip	14 9:30 Self Care Group 11:30 Shopping Trip and lunch	15 9:30 Bingo 10:30 House Meeting 11:30 Lunch 2:30 Ind. Ex. Appt.	16
17	18 9:00 Coloring w/Jenna 10:00 Health Grp. w/Stacie from BHH 11:30 Lunch 12:15 Community Walk	19 9:00 Cleaning Day 10:00 Healthy Living 11:00 Lunch 1:00 Division Meeting 2:00 High Chase Walk and Game	20 9:00 Board Games w/Kelly 10:00 Garden Care 10:30 Yard Games 11:30 Cookout 12:30 Shopping Trip	21 9:30 Coping Skills 11:30 Shopping Trip and lunch	22 9:30 Bingo 10:30 House Meeting 11:30 Lunch 2:30 Individual Exercise Appointment	23
24 & 31	25 LH Closed today in Observance of Memorial Day	26 9:00 Cleaning Day 10:00 Healthy Living 11:00 Lunch 11:30 Mall Walk with High Chase	27 9:00 Board games w/Kelly 10:00 Garden Club 10:30 Yard Games 11:30 Cookout 12:30 Shopping Trip	28 9:30 Ted Talks & Discussion 11:30 Shopping Trip and Lunch	29 9:30 Bingo 10:30 House Meeting 11:30 Lunch 2:30 Individual Exercise Appointment	30

