







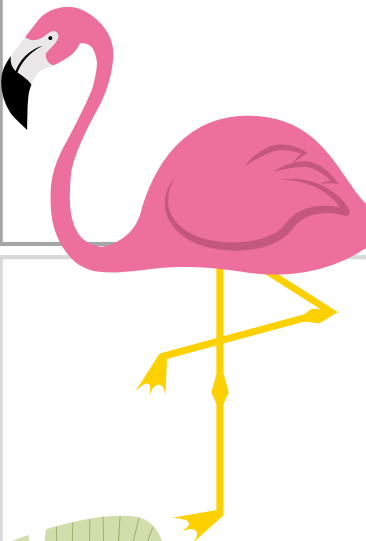


DAYVILLE JULY 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13 4-5pm Big Feelings, Brave Kids	14 6-7pm Worry to Wellness 	15 6-7pm Worry to Wellness 	16	17	18
19	20 4-5pm Big Feelings, Brave Kids	21 5-6pm Growth Group 6-7pm Worry to Wellness 	22 6-7pm Worry to Wellness 	23 3:30-4:30pm Growth Group 	24	25
26	27	28 5-6pm Growth Group 6-7pm Worry to Wellness 	29 6-7pm Worry to Wellness 	30 3:30-4:30pm Growth Group 	31	

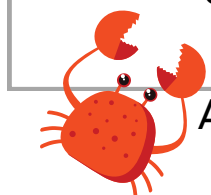
NOTE

Growth Group w/ Jamie(see color chart)-a space for youth utilizing skills-based therapy to support in building self-esteem, confidence, and a positive sense of identity.

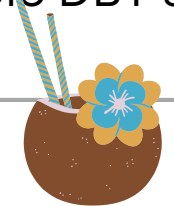
Worry to Wellness w/ Amanda(see color chart)- a space for youth to increase their understanding of anxiety, learn and practice coping skills.

Improve emotional regulation, as well as strengthen social skills and peer support.

Big Feelings, Brave Kids(Ages 6-10) w/ Hadiya- This fun, skills-based group helps children learn to manage big emotions, cope with frustration, and build stronger friendships through games and activities. Kids are taught simple DBT skills



Ages 8-12



Ages 13-17