



DAYVILLE JUNE 2026


Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 5-6pm Growth Group	3	4	5	6
7	8	9 5-6pm Growth Group	10 5-6pm Worry to wellness 	11	12	13
14	15	16	17 5-6pm Worry to wellness 	18	19	20
21	22	23	24	25	26	27
28	29	30				

Notes

Growth Group w/ Jamie- a space for youth ages 11-14 utilizing skills-based therapy to support in building self-esteem, confidence, and a positive sense of identity.

Worry to Wellness w/ Amanda(see color chart)- a space for youth to increase their understanding of anxiety, learn and practice coping skills. Improve emotional regulation, as well as strengthen social skills and peer support.

 Ages 9-12

 Ages 13-16