

JUNE 2026 Lighthouse



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|--|---|--|
| Mindfulness Group w/Kate- Dates TBD | 1 9:00 Coloring. w/Jenna 10:00 Healthy Living 11:30 Lunch 12:15 Community Walk | 2 9:00 Cleaning Day 10:30 Menu Planning 11:00 Lunch 12:00 Coffee Social & Shopping w/H.C. | 3 9:00 Board Games w/Kelly 10:00 Garden Care 10:30 Yard Games 11:30 Cookout 12:30 Shopping Trip | 4 9:30 Coping Skills 10:00 Diamond Art Coasters 11:30 Shopping Trip and Lunch | 5 9:30 Bingo 10:30 House Meeting 11:30 Lunch 2:30 Individual Exercise Appointment | 6 |
| 7 | 8 9:00 Coloring w/Jenna 10:00 Healthy Living 11:30 Lunch 12:15 Painting w/Carlos | 9 9:00 Cleaning Day 10:30 Menu Planning 11:00 Lunch 12:00 Eastern Walk and Ice Cream | 10 9:00 Board games w/Kelly 10:00 Garden Care 10:30 Yard Games 11:30 Cookout 12:30 Shopping Trip | 11 9:30 Ted Talks & Discussion 10:00 Butterfly Art 11:30 Shopping Trip and Lunch | 12 9:30 Bingo 10:30 House Meeting 11:30 Lunch 2:30 Individual Exercise Appointment | 13 |
| 14 Flag Day | 15 9:00 Coloring w/Jenna 10:00 Healthy Living 11:30 Lunch 12:15 Community Walk | 16 9:00 Cleaning Day 10:30 Menu Planning 11:00 Lunch 12:00 Mall Walk & Dollar Tree | 17 9:00 Board games w/Kelly 10:00 Garden Care 10:30 Yard Games 11:30 Cookout 12:30 Shopping Trip | 18 9:30 Self Care Group 10:00 Diamond Art 11:30 Shopping Trip and lunch | 19 Juneteenth 9:30 Bingo 10:30 House Meeting 11:30 Lunch 2:30 Ind. Ex. Appt. | 20 |
| 21 Father's Day Summer Begins | 22 9:00 Coloring w/Jenna 10:00 Healthy Living 11:30 Lunch 12:15 Community Walk | 23 9:00 Cleaning Day 10:00 Healthy Living 11:00 Lunch 12:00 Merrow Park Walk and Dunkin Donuts | 24 9:00 Board Games w/Kelly 10:00 Garden Care 10:30 Yard Games 11:30 Cookout 12:30 Shopping Trip | 25 9:30 Coping Skills 10:00 Painting Class 11:00 Shopping /Lunch | 26 9:30 Bingo 10:30 House Meeting 11:30 Lunch 2:30 Individual Exercise Appointment | 27 |
| 28 | 29 9:00 Coloring w/Jenna 10:00 Health Grp. w/BHH 11:30 Lunch 12:15 Community Walk | 30 9:00 Cleaning Day 10:00 Healthy Living 11:00 Lunch 2:00 Division Meeting | Independent Crafts Daily from 8:00 to 9:00. | Morning Social- Monday thru Friday at 8:00 a.m. | Fitness Walking Group- Monday and Wednesday from 9:00 to 10:00 | Staff Cell Numbers Jess- (860) 617-4647 Jenn-(860) 428-9183 |

