

# Welcome Arms June 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 10:30 Strength & Stretch (S) 10:00 Morning Stretch & Coffee Social WAU (M,C) 11:00 Pet Therapy WAU (M,C) 1-3 Monday Movie WAU (S) 1:30 Rock Painting Davis Park (M,C)	<b>2</b> 10:00 Roger Williams Zoo \$\$ (S) 10:00 Chair Pilates WAU (C) 10:30 Craft & Chat KPL (M) 1:30 Disc Golf (M) 2:00 Beg. Spanish DAC (C)	<b>3</b> 10:30-2 Gym By Appt. (S) 10:00 Music Group/Choir DAC (C) 10:00 Plainfield Pool \$ (M) 2:00 Games @Chubby Dog Café (C) 2:00 Guided Acrylics (M) 3-4 Chair Fitness WAU (S)	<b>4</b> 10:00 Game Group (S,C) 11:00 Chair Dancing WAU (M) 12:30 Jersey Mikes & Salvation Army (C) 1:00 Diamond Art WAU (M) 1-3 Hike Thompson &Gelato\$ (S)	<b>5</b> 9:30 Walk Cat Hollow (M) 10:00 Trout Hatchery Tour & Hank's Dairy Bar (C,S) 1:00 Guided Acrylics WAU (M)	<b>6</b>
<b>7</b>	<b>8</b> 10:00 Bird Watching @ Cat Hollow Park (C) 10:30 Strength & Stretch (S) 10:00 Nautilus Submarine Museum and Lunch (M) 2:00 Corn hole @Owen Bell (C, S)	<b>9</b> 10:00 Knolls and Holes Mini Golf \$ Lunch & Walk Mohegan Park (C,M) 10:30-2 Gym By Appt. (S) 4:00 Mansfield Movieplex (S)	<b>10</b> 10:00 Music/Choir DAC (C) 10:30 LB's Restaurant \$ Walk and Movies TPL (M) 11:00 Cooking/Sushi Stack (S) 2:00 Beginner Spanish DAC (C) 3-4 Chair Fitness WAU (S)	<b>11</b> 10:00 Game Group (S,C) 10:30 Day Break Diner \$ (M) 2:30 Walk @Owen Bell (C) 2:00 Rummikub PPL (M) 2-4 Garden Club WAU (S)	<b>12</b> 9:30 Victorian Rest.(M) \$ 9:30-12 Gym By Appt. (S) 10:00 Coffee Social and Neurographic Art WAU (C) 11:00 Strawberry Picking Grants Farm \$ (M) 1-3 Gay City Park Hike (S)	<b>13</b> 9:30 Farmer's Market, Pokeno (M) KPL 11:30 Lunch & Trail Walk Owen Bell (M)
<b>14</b> 10:00 Putnam Fine Arts & Craft Show (S)	<b>15</b> 10:00 Guided Foraging Walk @ Cat Hollow (M) 10:30 Strength & Stretch (S) 2:00 Geocaching (M) 12-2 Monday Movie (S) <b>CV</b>	<b>16</b> 10:00 Putnam Walk & Lunch@Mike's Stand (C) 10:00 Suncatcher Craft WAU (M) 11-Explore Wickford RI (S) 2:00 Picnic Table Poetry (C) 4:00 Mansfield Movieplex (M)	<b>17</b> 10:00 Music Group/Choir DAC (C) 10:00 Creative Writing WAU (M) 11:00 Craft Club Decoupage Pots WAU (S) 1:30 Adult Coloring & Card Making KPL (C) 1:30 Men's Group WAU (M) 3-4 Chair Fitness WAU (S)	<b>18</b> 10:00 Game Group (S,C) 10:00 Chair Dancing WAU (M) 2:00 Interactive Trivia with Bud (M,C) 1-3 Hike Thompson &Gelato\$ (S)	<b>19</b> 9:30-12 Gym By Appt. (S) 10:00 Camp Harkness Beach Outing (C,M) 2-4 Walk/Hike (S)	<b>20</b>
<b>21</b>	<b>22</b> 10:00 Coffee & Word Games WAU (M) 10:30 Strength & Stretch (S) 12:00 Lunch & Bowling (S,C) 1:30 Shell Craft WAU (M)	<b>23</b> 9:30-12 Gym By Appt. (S) 10:00 Niantic Boardwalk, Lunch and Shopping (C,M) 2-4 Walk/Hike (S)	<b>24</b> 10:00 Music/Choir DAC (C) 10:00 Plainfield Pool \$ (M) 11:00 Cooking/Cowboy Caviar(S) 1:30 ASL WAU (C,M) 3-4 Chair Fitness WAU (S)	<b>25</b> 10:00 Game Group (M,C) 2:30 Crochet/Knitting WAU (C) 4:30 River Walk & Nikki's Doghouse (M) 6:00 Xen's Petting Zoo TPL (M) <b>SV</b>	<b>26</b> 10:00 Cat Hollow Walk (C) 1:00 Star-Spangled Creations KPL (C) <b>MV</b> <b>SV</b>	<b>27</b>
<b>28</b>	<b>29</b> 11:00 Rocky Neck Beach (S) 11:00 Young Adult Adventures (M) 2:00 Bananagrams @Owen Bell (C) 6:00 Grow a Healing Herb Garden TPL (C)	<b>30</b> 10:00 River Trail Walk (S) 10:00 Chair Dancing WAU (M) 1:30 Watercolors Lions Park (M) 2-4 Garden Club (S,C)	<b>DAC = Dayville</b> <b>WAU = Wauregan</b> <b>KPL = Killingly Public Library</b> <b>PMB = Putnam Municipal BDG</b> <b>TPL = Thompson Public Library</b> <b>MV = Mary Vacation</b> <b>CV = Chantal Vacation</b>	<b>Mary 860-617-4650</b> <b>Sue 860-771-8067</b> <b>Chantal 860-861-4892</b>	<i>Call for details or to request a spot ☺</i>	

