





MANSFIELD JUNE 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 5-6pm- Learning to Manage 6-7pm Chill & Chat	2	3 4-5pm Creative Minds	4 5-6pm Rise and Thrive	5	6
7	8 5-6pm Learning to Manage 6-7pm Chill & Chat	9	10 4-5pm Creative Minds	11	12	13
14	15 5-6pm Learning to Manage 6-7pm Chill & Chat	16	17 4-5pm Creative Minds	18 5-6pm Rise and Thrive	19	20
21	22 5-6pm Learning to Manage 6-7pm Chill & Chat	23	24 4-5pm Creative Minds	25	26	27
28	29 5-6pm Learning to Manage 6-7pm Chill & Chat	30				

Notes

Creative Minds w/ Lexi (see key chart)- a space for youth to explore emotional expression through art and build social skills in this group setting. Rise & Thrive w/ Addy- a space for boys ages 12-17; a self-empowerment group aimed to increase self-esteem, improve decision-making skills, and achieve personal goals and growth. Chill & Chat w/ Cristal (bilingual)- a space for youth ages 14-17 to decompress and work through and identify social anxiety. Learn to Manage Emotions w/ Sophia (see key chart)- a space for youth struggling with behavioral concerns. Learn how to identify and verbalize your emotions in an effective way.

 Ages 6-11
  Ages 5-9
 Ages 12-17
  Ages 10-13