




JULY 2026 Lighthouse

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mindfulness Group w/Kate- Dates TBD Morning Social- Monday thru Friday at 8:00 a.m.	Fitness Walking Group- Monday and Wednesday from 9:00 to 10:00.	Independent Crafts Daily from 8 to 9.	1 9:00 Board games w/Kelly 10:00 Garden Care 10:30 Yard Games 11:30 Cookout 12:30 Shopping Trip	2 10:00 Cleaning Day 11:00 Shopping Trip 1 to 4 - Crafts, Movies and Sandwiches	3 Lighthouse Closed in Observance of Independence Day.	4 Independence Day 
5	6 9:00 Coloring Grp w/Jenna 10:00 Healthy Living 11:30 Lunch 12:15 Painting w/Carlos	7 9:30 Coping Skills 11:30 Groups with High Chase	8 9:00 Board games w/Kelly 10:00 Garden Care 10:30 Yard Games 11:30 Cookout 12:30 Shopping Trip	9 10:00 Cleaning Day 11:00 Shopping Trip 1 to 4- Sandwiches, ice cream, road trip and a walk.	10 9:30 Bingo 10:30 House Meeting 11:30 Lunch	11
12	13 9:00 Coloring Grp w/Jenna 10:00 Healthy Living 11:30 Lunch 12:15 Community Walk	14 9:30 Ted Talks and Discussion Group 11:30 Groups with High Chase	15 9:00 Board games w/Kelly 10:00 Garden Care 10:30 Yard Games 11:30 Cookout 12:30 Shopping Trip	16 10:00 Cleaning Day 11:00 Shopping Trip 1 to 4- Grinders, Mansfield Hollow, Walk and Dominoes	17 9:30 Bingo 10:30 House Meeting 11:30 Lunch	18
19	20 9:00 Coloring w/Jenna 10:00 Healthy Living 11:30 Lunch 12:15 Community Walk	21 9:30 Coping Skills 11:30 Groups with High Chase	22 9:00 Board Games w/Kelly 10:00 Garden Care 10:30 Yard Games 11:30 Cookout 12:30 Shopping Trip	23 10:00 Breathing Techniques w/Leila 11:00 Shopping Trip 1 to 4- Pizza, Game night and ice cream	24 9:30 Bingo 10:30 House Meeting 11:30 Lunch	25
26	27 9:00 Coloring Grp.-Jenna 10:00 Health Grp. w/Daly 11:30 Lunch 12:15 Community Walk	28 9:30 Ted Talks and Discussion Group 11:30 Groups with High Chase	29 9:00 Board games w/Kelly 10:00 Garden Club 10:30 Yard Games 11:30 Cookout 12:30 Shopping Trip	30 10:00 Cleaning Day 11:00 Shopping Trip 1 to 4-Pasta/Meatballs, Crafts, Walk, Movie	31 9:30 Bingo 10:30 House Meeting 11:30 Lunch	Staff Cell Numbers Jess- (860) 617-4647 Jenn- (860) 428-9183

