

Welcome Arms August 2026

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
2	3 10:00 Coffee, Word Games Pet Therapy WAU (M,C) 10:00 Local Hike (S)	4 10:00 YMCA (C) 10:30 –2 Gym By Appt (S) 10:30 Craft and Chat KPL (M) 1:30 Geocaching (M,C) 4:00 Mansfield Movieplex \$ (S)	5 10:00 Music Group DAC (C) 10:00 Blueberry Picking and Cooking WAU (S) 2:00 Spanish Class DAC (C) 2:30 Chair Fitness WAU (S) 6:00 Plainfield Concert “Wooden Horse” (M)	6 10:00 Game Group DAC (S,C) 10:00 Chair Dancing WAU (M) 1:30 Giant Jenga Designing WAU (M,C) 1:30 Garden Club WAU (S)	7 9:30 Disc Golf (M) 11:00 Lunch/Hike Gay City State Park (S) 1:30 Rock Painting Lions Park Plainfield (M) CV	8 9:00 Coffee \$ & Cat Hallow (M)
9	10 10:00 Coffee and Diamond Art WAU (M) 10:00 Beginner Yoga WAU (S) 2:00 Book Club WAU (M) 1:00 Cooking Class WAU (S) CV	11 10:00 Harkness Beach Trip (M, S) CV	12 11:00 Buckland Mall Shopping \$ (S,C) 12:00 River Walk and Lunch (M) 1:30 Rummikub (M) PPL	13 10:00 Game Group DAC (S,C) 10:00 Chair Dancing WAU (M) 12:30 YMCA (C) 1:00 Lunch Grill 445/Local Shopping \$ (S) 1:30 Guided Acrylics WAU (M)	14 10:00 Mystic Village Shopping \$ (S,C) MV	15
16	17 10:00 Strength & Stretch WAU (S) 10:00 Picnic Table Poetry WAU (C) 1:00 Movie & Snacks (S) 2:00 Book Club WAU (M) 2:30 Chair Yoga (C)	18 10:00 Harkness Beach Trip (M,C) 11:00 Cooking Class-Summer Vegetables WAU (S) 2:00 Beginner Yoga WAU (S)	19 10:00 Music Group DAC (C) 11:00 Hike Goodwin State Park (S) 11:00 LB's Restaurant \$ Movie Thompson Library (M) 2:00 Spanish Class DAC (C) 2:30 Chair Fitness WAU (S) 6:00 Concert Lions Park Plainfield (M)	20 10:00 Chair Dancing WAU (M) 10:00 Game Group DAC (S,C) 12:30 YMCA (C) 1:30 Garden Club WAU(S) 1:30 Tie Dying WAU (M)	21 10:30 – 1 Gym By Appt (S) 11:00 Lunch and Learn WAU (M,C) 2:00 Local Hike (S)	22 10:00 Farmers Market, Breakfast (S)
23	24 10:00 Craft Club-Hawaiian Leis WAU (C) 10:30 River Trail Walk (S) 11:00 UCONN Barns, Picnic Lunch and Dairy Bar \$ (M) 1:30 Cornhole at Owen Bell (S,C)	25 9:00 Breakfast Cozy Corner \$ (M) 10:00 Local Hike (S) 10:00 YMCA (C) 1:30 Sign Language DAC (C)	26 10:00 Social Fun Day (Hawaiian Luau) WAU (M,S,C)	27 10:00 Game Group DAC (S) 10:00 Harkness Beach Trip (M,C) 1:00 Lunch/Local Shopping \$ (S)	28 10:00 Coffee Social & Neurographic Art WAU (C) 10:30 Brooklyn Fair \$ (M) 11:00 Hike Devils Hopyard (S) 2:00 Riverside Ice Cream (S) 2:00 Smartphone Class DAC (C)	29
30	31 10:00 Creative Writing WAU (M) 12:00 Lunch, Shopping and Bowling (S,C)		Please call to reserve a spot or ask for details ☺	Mary 860-617-4650 Sue 860-771-8067 Chantal 860-861-4892	DAC = Dayville WAU = Wauregan KPL = Killingly Public Library PMB = Putnam Municipal BDG CV = Chantal Vacation MV = Mary Vacation SV=Sue Vacation	

